

INSURANCE INFORMATION

I am not a member of most Managed Care Preferred Provider Panels; however, I am an approved provider for the UNI Behavioral Health Network and for many Blue Cross Blue Shield policies. In addition, if your policy will cover a Licensed Clinical Social Worker as an “out of network provider” or if your policy will otherwise make an exception to allow reimbursement to me, I am available to work with you to secure third party payment.

I will provide you with a statement that will assist you in making a claim to your insurance company for reimbursement of fees paid.

Check Your Policy For Mental Health Coverage: You can check your coverage by calling your insurance provider and asking the following questions:

- Do I have mental health benefits?
- What is my deductible and has it been met?
(Be sure to check whether your policy has separate or combined deductibles for physical and mental health services.)
- How many sessions does my plan cover for each calendar year?
- If Jim is not an approved provider for my policy, does my plan cover an out-of-network provider?
- What is my coverage per therapy session?
- Is pre-authorization required or is approval required from my primary care physician?

Cafeteria Plan Reimbursements: Reimbursement for mental health services can usually be submitted to cafeteria plans that may be available through your employment.

Green Transportation Fee Reduction: If you are a full-fee client who is paying out of pocket (vs. insurance reimbursement or reduced fee agreement) you may be eligible for a 10% reduction when you use bicycle or mass transportation as your method of travel to and from appointments. Upon your request, I will be glad to discuss with you the criteria and procedures for applying for this benefit.

Reduced Fee: I maintain a limited number of reduced fee slots for clients who do not have coverage for third party reimbursement and who cannot otherwise afford to self-pay for therapy sessions. Requests for reduced fee should be discussed directly with Jim.