

Weekends of Recovery

For Male Survivors of Sexual Abuse

The Male Survivor Weekends of Recovery provide a way to find words, understanding and a sense of community to men as they continue their experience of psychotherapy or begin the process of recovery. This experience is structured to provide experiences that are not often available in traditional talk therapy environments.

These dynamic retreats are structured to respond to the many issues facing men on their journey through recovery.

- An opportunity to share with other survivors some aspect of your healing journey.
- An opportunity to share inner pain with others who have been there.
- An opportunity to give a voice to your experience as a survivor.
- An opportunity to experience a safe environment and a safe place to let go and open up.
- A safe place to experience a sense of community and joy.

A Survivor Weekend of Recovery offers a participant an opportunity for personal growth and illumination in a safe, supportive environment, and in the company of fellow survivors. The experience is intense and demanding but has the potential to offer great rewards.

"It was the safest retreat I've ever been to. I never felt, for even an instant, that anyone was at risk. The process was empowering and supportive. I connected with other guys powerfully. I'm still corresponding with most of them in a supportive and nurturing way. These people (Male Survivor) really care about us! Our boundaries were respected, defenses were respected, and the ability to take a time out to get grounded was respected and supported. I thoroughly recommend this retreat to anyone wanting a fuller, happier, healthier, more fulfilling life!" (Retreat Participant)

"What an incredibly powerful, healing experience. I'm so grateful that I went, in spite of how uncertain I was that something like this would work for me. I got so much out of being with a group of amazing men really dealing with these hard issues, and caring about and supporting each other. The facilitators were amazing, caring, affirming, sincere. I never imagined that I'd be able to be so open and I got in touch with stuff I had never been able to get to in therapy. I left with a feeling of peace and joy, and have a real sense of excitement about the work I need to do next to deal with the many ways that my sexual abuse has impacted my life. "
(Retreat Participant)

2009 - 2010 WOR Retreat Schedule:

July 17 – 19, 2009: Level 1

Kempfenfelt Center: near Toronto, Ontario, Canada

September 11 – 13, 2009: Advanced Level

Alta Lodge: Salt Lake City, UT

(Prerequisite attendance at previous Level 1)

October 23 – 25, 2009: Level 1

Hope Springs Retreat Center: Peebles, OH.

April 9 – 11, 2010: Level 1

Sequoia Retreat Center: Ben Lomond, CA.

May 14 - 16, 2010: Level 1

New Beginnings Retreat Center: Dahlanega, GA.

July 16 – 18, 2010 (tentative date): Level 1

Kempfenfelt Center: near Toronto, Ontario, Canada

September 10 – 12, 2010

Alta Lodge: Salt Lake City, UT

October 15 – 17, 2010: Level 1

Hope Springs Retreat Center: Peebles, OH.

More information & registration for these Weekends of Recovery is available at the Male Survivor web site: www.malesurvivor.org or contact Jim Struve, LCSW, 1399 South 700 East, Suite #2, Salt Lake City, UT. 84105. Phone: 801-364-5700, X1.