

## ***Resources for Partners, Family, and Friends of Sexual Abuse Survivors***

### **Resources for Partners, Family & Friends:**

Barshinger, Clark E.; LA Rowe, Lojan E.; Tapia, Andres T.; and Larowe, Lojan E. (Editors). (1995). *Haunted Marriage: Overcoming the Ghosts of Your Spouse's Childhood Abuse*. InterVarsity Press.

Bass, Ellen & Kaufman, Kate. (1996). *Free Your Mind: The Book for Gay, Lesbian, and Bisexual Youth and Their Allies*. New York, NY: Harper Perennial Press.

Blume, E. Sue. (1998). *Secret Survivors*. Ballantine Books.

Browne, Marie & Browne, Marlene M. (2007). *If The Man You Love Was Abused: A Couple's Guide to Healing*. Adams Media Publishers.

Davis, Laura. (1991). *Allies in Healing: When the Person You Love Was Sexually Abused as a Child*. New York, NY: Harper Perennial.

De Beixedon, Yvette and De Beixedon, S. Yvette. (1995). *Lovers and Survivors: A Partner's Guide to Living With and Loving a Sexual Abuse Survivor*. Robert D. Reed Publishers.?

Engel, Beverly. (1993). *Partners in Recovery*. Ballantine Books.

Graber, Ken. (1991). *Ghosts in the Bedroom: A Guide for the Partners of Incest Survivors*. HCI Press.

Heitritter, Lynn and Vought, Jeanette. (2006). *Helping Victims of Sexual Abuse: A Sensitive Biblical Guide for Counselors, Victims, and Families.?*

Levine, Robert Barry. (1996). *When You Are the Partner of a Rape or Incest Survivor: A Workbook for You*. Resource Publications.

McEvoy, Alan W.; Brookings, Jeff D.; and Rollo, Debbie. (2003). *If He is Raped: A Guidebook for Partners, Spouses, Parents and Friends*. Learning Publications.

Maltz, Wendy. (1991). *The Sexual Healing Journey: A Guide for Survivors of Sexual Abuse*. New York, NY.: Harper Collins Publishers.

Mather, Cynthia L. (2004). *How Long Does It Hurt: A Guide to Recovering from Incest and Sexual Abuse for Teenagers, Their Friends, and Their Families?* San Francisco: Jossey-Bass.

### **Resources for Female Survivors of Sexual Abuse**

Bass, Ellen & Davis, Laura. (1999). *Beginning to Heal: A Guide for Female Survivors of Child Sexual Abuse*. Vermillion Press.

Bass, Ellen & Davis, Laura. (1994). *The Courage to Heal: A Guide for Women Survivors of Child Sexual Abuse*. New York, NY: Perennial Press.

Davis, Laura. (1990). *The Courage to Heal Workbook: For Women and Men Survivors of Child Sexual Abuse*. New York, NY: Harper & Row.

## **Resources For Male Survivors of Sexual Abuse:**

- Bass, Ellen and Davis, Laura. (1993). *Beginning to Heal (Revised Edition): A First Book for Men and Women Who Were Sexually Abused As Children*. New York, NY: Harper Collins.
- Davis, Laura. (1990). *The Courage to Heal Workbook: For Women and Men Survivors of Child Sexual Abuse*. New York, NY: Harper & Row.
- Gartner, Richard. (2005). *Beyond Betrayal: Taking Charge of Your Life After Boyhood Sexual Abuse*. New York, NY: John Wiley & Sons.
- Haines, Staci. (1999) *The Survivor's Guide to Sex: How to Have an Empowered Sex Life After Child Sexual Abuse. ?* Cleis Press.
- Hunter, Mic. (1990). *Abused Boys: The Neglected Victims of Sexual Abuse*. Lexington, MA: Lexington Books.
- Hunter, Mic. (2007). *Honor Betrayed: Sexual Abuse in the Military*. Barricade Books.
- Isensee, Rik. (2000) *Reclaiming Your Life: The Gay Man's Guide to Love, Self-Acceptance and Trust.?* Alyson Books.
- Lew, Mike. (1988). *Victims No Longer: Men Recovering From Incest & Other Sexual Child Abuse*. New York, NY.: Neveraumont Press.
- Lew, Mike & Hoffman, Richard. (2000). *Leaping Upon the Mountains: Men Proclaiming Victory over Sexual Child Abuse.?* North Atlantic Books.
- Sonkin, Daniel Jay. (1998). *Wounded Boys Heroic Men*. Adams Media.

## **Resources That Address Same Sex Sexual Abuse:**

- DeMilly, Walter A. (1999). *In My Fathers Arms: A True Story Of Incest (Living Out: Gay and Lesbian Autobiog)*. Madison, WI: University of Wisconsin Press.
- Preble, John M. and Groth, A Nicholas. (2002). *Male Victims of Same-Sex Abuse: Addressing Their Sexual Response.?* Washington, DC: Sidran Foundation Press.
- Rafanello, Donna. (2004). *Can't Touch My Soul: A Guide for Lesbian Survivors of Child Sexual Abuse*. New York: Alyson Books.
- Queer Press Collective. (1991). *Loving in Fear: Lesbian and Gay Survivors of Childhood Sexual Abuse*.

## **UTAH RESOURCES for Survivors and Secondary Survivors of Sexual Violence**

[www.lgbtqtherapists.org](http://www.lgbtqtherapists.org)  
(LGBTQ Affirmative Therapist Guild of Utah)

<http://ucasa.org/home.html>  
(Utah Coalition Against Sexual Assault)

[www.raperecoverycenter.org](http://www.raperecoverycenter.org)  
(Rape Recovery Center: 801-467-7282)

<http://www.robynheirtzler.com/UtahResources.html>

(Resources in other counties in Utah)

[www.sa.utah.edu/women/](http://www.sa.utah.edu/women/)

(Women's Resource Center, U of U students, staff, and faculty: 801-581-8030)

## **Websites Resources for Sexual Abuse Survivors and Partners/Family/Friends:**

[www.malesurvivor.org](http://www.malesurvivor.org)

(Male Survivor)

<http://lesbianlife.about.com/od/lesbianhealth/a/SurvivorPartner.htm>

<http://www.geocities.com/hotsprings/2656/>

(Parents and loved ones of Sexual Abuse and Rape Survivors)

<http://www.survivingtothriving.org/secondarysurvivors>

(Surviving to Thriving)

<http://partners.aest.org.uk/books-partners-abuse-survivors.html>

(Books for the partners of childhood sexual abuse and adult rape survivor)

<http://www.sssalas.com/EmotionalHealing.html>

(Survivors of Child Sexual Abuse Web Page Forum and Resources)

## **Utah Statewide Phone Contact Information**

Utah Coalition Against Sexual Assault	801-746-0404
Brigham City Your Community in Unity	435-723-5600
Cedar City Canyon Creek Crisis Center	435-867-9411
Kaysville Safe Harbor	801-444-3191
Logan C.A.P.S.A.	435-752-7023
Moab Seek haven	435-259-2229
Ogden Your Community Connection	801-394-9456
Park City Victim Advocate Program	435-615-3850
Provo Center for Women in Crisis	801-356-2511
Richfield New Horizons	435-896-9294
Salt Lake City Rape Recovery Center	801-467-7282
St. George Dove Center	435-628-1204

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